



**LOOKING TO LEAD YOUR TEAM TO A CHAMPIONSHIP?**

# **TEAM CAPTAIN'S LEADERSHIP CAMP**

**Discover how to lead your team to the top with the same sports leadership strategies used by North Carolina, Notre Dame, Illinois, Michigan, Pitt, Georgetown, Wake Forest, and other top colleges!**



# TEAM CAPTAIN'S LEADERSHIP CAMP

AN INTENSIVE AND INTERACTIVE SPORTS LEADERSHIP CAMP FOR ASPIRING AND ACTUAL LEADERS OF ALL SPORTS



Learn the same sports leadership strategies used by North Carolina, Notre Dame, Illinois, Michigan, Pitt, Georgetown, Wake Forest, and other top colleges!

The all-new **Team Captain's Leadership Camp** teaches rising high school sophomores through college seniors all the leadership insights and skills you need to be a highly effective and respected leader for your team. Don't miss your opportunity to learn the same cutting edge sports leadership skills taught at our highly-acclaimed Leadership Academies at **North Carolina, Notre Dame, Illinois, Michigan, Georgetown, Pitt, Yale, Baylor, Wake Forest, and Lehigh.**

*This exclusive opportunity is only available to the first 100 registrants so be sure to register today!*

---

*"This program provides captains and coaches with a proven system for developing responsible team leaders."*

**Pat Summitt, Tennessee Women's Basketball Coach, 8-time National Champions**

*"I can clearly see the impact of this leadership program on our leaders on and off the field."*

**Anson Dorrance, North Carolina Women's Soccer, 20-time National Champions**

---

Learn how to effectively get your teammates on the same page and committed to a common goal, minimize and manage team conflicts and problems, build confidence in yourself and your teammates, recognize your specific leadership strengths and areas to improve, become a more vocal leader, and lead your team to perform up to its full potential.

**Location: Seattle University (Connolly Center)**

**Date: Saturday, August 15, 2009**

**Time: 10:00 am to 4:00 pm**

## All Team Captain's Leadership Camp participants receive:

- 6 hours of intensive and interactive Sports Leadership training from the Janssen Sports Leadership Center (\$300 value)
- 6 months of ongoing leadership development and support via the online [www.TeamCaptainsNetwork.com](http://www.TeamCaptainsNetwork.com) (\$65 value)
- A copy of *The Team Captain's Leadership Manual: a 154-page leadership manual for student-athletes* (\$30 value)
- Captain's Camp T-shirt and snacks provided throughout the day (\$30 value)

**SAVE \$100 WHEN YOU REGISTER BY MAY 1, 2009**

Normally \$425, you can participate in this elite, one of a kind Captain's Camp for only \$275, **or a highly discounted \$175 when you register by May 1. Space is strictly limited to only the first 100 campers so be sure to register today.**

For more information call Shannon Ellis at Seattle University at (206) 296-6426 or email [sellis@seattleu.edu](mailto:sellis@seattleu.edu)  
Or visit us online at [www.TeamCaptainsNetwork.com/public/312.cfm](http://www.TeamCaptainsNetwork.com/public/312.cfm)

# TEAM CAPTAIN'S LEADERSHIP CAMP

AN INTENSIVE AND INTERACTIVE SPORTS LEADERSHIP CAMP FOR ASPIRING AND ACTUAL LEADERS OF ALL SPORTS

**Location: Seattle University  
(Connolly Center)**

**Date: Saturday, August 15, 2009**

**Time: 10:00 am to 4:00 pm**

Designed for rising high school sophomores through college seniors, the cutting edge leadership skills and insights you will learn in this one-of-a-kind Captain's Camp will position you to become a strong, vocal, and respected leader for your team.

**Don't miss your chance** to get world-class sports leadership training, normally reserved exclusively for sport's top athletic departments such as **North Carolina, Notre Dame, Illinois, Pitt, Georgetown, Wake Forest, and Michigan!**

**Only the first 100 leaders will be accepted** so be sure to register today to reserve your spot for the all-new **Team Captain's Leadership Camp** using the registration form below.

**Questions?** Contact Shannon Ellis at Seattle University at (206) 296-6426 or email [sellis@seattleu.edu](mailto:sellis@seattleu.edu)



## CAPTAIN'S CAMP OVERVIEW

### Time Topic/Activity

9:30 Captain's Camp Registration and Check-in

10:00 Captain's Camp Introduction and Overview

10:20 Icebreaker to Meet Leadership Team Members

10:40 Leadership Challenge #1 - Leading Under Pressure

11:00 Team Leadership Self Evaluation

11:20 Break

11:30 Leadership Challenge #2 - How to Instill Confidence

12:00 Strategies for Building Confidence

12:30 Lunch Break and Leadership Discussion

1:30 Leadership Challenge #3 - Becoming a Vocal Leader

2:00 7 Strategies for Becoming an Effective Vocal Leader

2:30 Break

2:40 Leadership Challenge #4 - Building a Committed Team

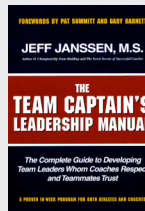
3:20 Team Building Ideas and Strategies for Leaders

3:40 Camp Awards, Summary, and Evaluation

4:00 Captain's Camp Concludes

Next 6 Months - All participants receive ongoing leadership development and follow up support through the online

**TeamCaptainsNetwork.com**



All Captain's Camp participants also receive their own copy of *The Team Captain's Leadership Manual* - a comprehensive, 10-week leadership training program for emerging and existing leaders.

**SPACE IS STRICTLY LIMITED TO ONLY THE FIRST 100 CAMPERS SO BE SURE TO REGISTER TODAY!**

**Team Captain's Leadership Camp Registration Form - Save \$100 when you register by May 1, 2009**

Name: \_\_\_\_\_

Camper's Email Address: \_\_\_\_\_

Mailing Address: \_\_\_\_\_

Phone: \_\_\_\_\_

School Name: \_\_\_\_\_

Credit Card #: \_\_\_\_\_

Parent's Email Address: \_\_\_\_\_

The Captain's Camp is normally a \$425 value.  
**Early Registration by May 1, 2009 is only \$175.**  
Late Registration is \$275 if spots are still available.

Year in School: \_\_\_\_\_

CC Exp. Date: \_\_\_\_\_

Today's Date: \_\_\_\_\_ Amount: \_\_\_\_\_

You can pay by cash, credit card (visa, mc, amex), or check: Please make checks payable to the **Janssen Sports Leadership Center** and send to Shannon Ellis at Seattle University, 901 12th Ave Box 222000, Seattle, WA 98122

### PARENTAL CONSENT AND WAIVER

As the parent/guardian of the applicant, I hereby grant permission for him/her to participate in the Team Captain's Leadership Camp and represent he/she is physically able to participate in camp activities. In consideration of the applicant's being allowed to participate in the camp, I hereby release the camp, from all claims resulting from illness, injuries, or other damage which may be sustained by the child during attendance at the camp. Further, I hereby grant full permission to all persons associated with this event to use any photographs, video tapes, motion pictures, recordings or any other record of this event involving the applicant for publicity and promotional purposes.

Parent's Name \_\_\_\_\_ Signature of Parent \_\_\_\_\_ Date \_\_\_\_\_